

St Mary's Newsletter—Term 4 2020-2021



Message from Natalie Edwards, Acting Principal

Dear Parents and Carers,

Welcome to our latest St Mary's Newsletter.

We welcomed 9 new pupils to St Mary's at the start of the term, opening a third class in Key stage 2. The pupils have all settled in extremely well, making friendships, and great progress with their learning so far.

Led by the school council we have been exploring ways in which St Mary's School community can be even 'greener'. Our meat free Mondays have been popular and successful with the pupils and will continue next term also we are increasing what products we recycle.

We experienced 2 celebration days this term; world book day and comic relief which were thoroughly enjoyed by both the pupils and the staff. As a school we raised £ 91 in aid of comic relief.

Thank you to all parents/carers who provided feedback on our draft Relationship and Sex Education (RSE) policy. The comments have been collated and considered and the policy has now been finalised. Additionally thank you to all the parents who completed the parents' questionnaire. Your feedback is always welcome and helpful in continuing to improve our communications and partnership working.

Our assemblies this term have focused upon careers and the skills required to be successful in the workplace including; adaptability, problem solving and decision making. Celebration assemblies have been action packed and full of prizes. Pupils have been very successful this term in demonstrating excellent learning behaviours and earning their credits and rewards. The behaviour system continues to be highly motivating for all

I am very excited to be offering 3 days of provision over the Easter holidays. The holiday club run by St Mary's staff will include swimming, arts and crafts and cooking activities.

In line with the track and trace guidance from the NHS please could I ask if your child tests positive for COVID within 2 days of them being at school that you notify the school via the office email address.

I would like to take the opportunity to wish you and your family a very happy Easter and I look forward to welcoming all pupils back to school on Monday the 19th of April.

Message from Richard Preece, Acting CEO

Dear Parents and Carers,

Welcome to the St Mary's Newsletter.

Following a very difficult start to 2021, we know that there will be many Covid-19 related challenges ahead in the coming months. Nevertheless, as the weather has begun to improve in recent weeks, there is also a sense of optimism in many people for the spring and summer ahead. The same is true at St Mary's - our pupils and students continue to demonstrate resilience in coping with the recent changes and the return to fulltime school for some and we all look forward to spending more time learning outside in the summer months.

We continue to keep our risk assessments and information for staff and pupils / students updated, to reflect the government's changes as they happen.

We are all hopeful of a gradual return to 'normality' over the coming months, but we all know it is important that we remain vigilant to achieve this. Therefore, we will be supporting everyone at school in continuing to follow our safety processes during the spring and summer terms. We are very proud that everyone at school has been as vigilant as possible so far and that adults and children feel safer because of this.

We are delighted our new pupils who have joined recently continue to settle well and that our new staff have also made excellent starts to their time at St Mary's. We wish you a safe and happy Easter break and we look forward to seeing everyone back in school at the beginning of Term 5.

Head Teacher's Worker of the Week

I have enjoyed sharing a lunch of their choice with each of the Head Teacher's Workers of the Week this term. Meals have included: spicy pizza, Chinese spare ribs, pasta and cheese, fish and salad.

Week 1— Amber for having a great week. She has settled into her first week back brilliantly and has coped well with all the changes. She has joined in with dance club and interacted with the rest of the class really positively in our drama lesson. Amber has also worked hard in lessons, particularly English.

Week 2— Scarlett for attempting all tasks to the best of her ability and contributing fully to her lessons everyday.

Week 3— Ted for being in school all week, working hard and helping his friends .

Week 4— Kacey for fantastic work and outstanding behaviour . For kindness and being a good friend.

Week 5— Iona has been fantastic since September. She is a kind member of the class and is always polite to both staff and other pupils. She always tries her best, gets involved and works hard in every lesson. Her progress has been amazing and she should be very proud of what she has achieved.

This term pupils have earned a total of 24614 credits . Prizes have included yo- yo's, Rubik cubes, a chess set, a Westham football shirt, phone cases, puzzles and amazon vouchers.

Staffing

This term we have welcomed Mike Parsons and Sue Knight who have joined our teaching team. Lilly Lusted joined our team of teaching support assistants and Lizzie Mulhern joins our Administration team as School Secretary.

This term we are saying goodbye to Miss Elam and Miss Rattray , we wish them all the best for the future.

KS2T



English: This term we have been working on the story of 'The street beneath my feet'. This has involved animal identification, sound and acrostic poetry, gemstone identification, becoming palaeontologists and writing reports. One of the highlights of the term was exploring ash, ink and charcoal writing, which we found messy but enjoyable.

Maths: In maths we have completed a variety of activities including shape, space and measure (time, days of the week and months of the year), using and applying and number identification. We found music and rhyme the best ways to support us with learning our days of the week and months of the year / seasons. At the end of term, we created a dance to our season song, we used an assortment of musical instruments to make our song.



Science: In science we have completed our topic of materials. This has included lots of work on separating objects into the correct group and discussing differences. On the last week of term, we looked at reversible and irreversible tests which included chocolate, ice and boiling water.



Forest School: This term was based on using wood work equipment with the theme of using a bow saw. The class were able to use a bow saw properly with staff support and make a pan stand for mother's day. We hoped you liked them!



Special events: We have celebrated lots of classroom birthdays this term, world book day and red nose day. The class have enjoyed a variety of activities from these events including dressing up as characters from their favourite books.

KS2K

This term we have been settling in to our new class. The children have bonded together really well and become a great team, which has been very apparent in our group work and activities.

English: The class have all been engaged and worked hard in their learning on our topics this term. They enjoyed our class book 'The Street beneath my feet' and our related English work.

Maths: We have focused on addition and subtraction, the measure of time and fractions.

Science: We have enjoyed exploring the uses of different materials.

Geography: We have focused on maps and our local area, finishing off this term with a link to our English book and learning about volcanoes by making models. They will be erupting on Wednesday!

Art : We have made lots of different natural sculptures and will finish with a collage of our work.

RE: We learnt all about how Christians celebrate Easter week.

PE: We have worked well in team games and swimming.

PHSE: We discussed growing and changing.

Computing: We learnt about photo editing and real and fake images.

Music: We followed our Charanga scheme and explored different genres of music – our favourite has been music by John Williams from Star Wars.

Have a wonderful Easter and we shall look forward to next term.



KS2C

It's been a very busy and exciting term for KS2C! In English we have journeyed to the centre of the Earth and back again, encountering a range of characters from rats to dinosaurs! The children have been story tellers, poets and palaeontologists.

Plenty has been covered in maths this term. We revisited addition and subtraction, began telling the time and have started work on fractions.

In science we have been exploring different materials. We have designed umbrellas, coats and jumpers; explored changes due to temperature and dissolved (or in some cases tried to dissolve) a range of different materials.

Physical activity during lesson 6 has been a highlight this term. KS2C are a formidable dodgeball team and I look forward to more games next term. Another highlight were our explosive volcanoes which combined geography and English.



KS3(7)

Maths: Another term has flown by and in that time we have covered so much! In maths lessons we have been looking at analysing and displaying data, which involved calculating different averages from sets of numbers. We then moved on to exploring negative numbers, when we might see them in real life, and what happens when we apply the different operators to them. We have also thoroughly enjoyed using Time Tables Rock stars and Numbots!



Food Tech: In food tech we have baked some absolutely delicious treats and really focused on working well in our teams! After careful consideration from the judges, our winner of the bake competition was Mason, who made some fantastic brownies!

We had an incredible world book day, with one of the winners being our very own Jack who came as a very convincing Sherlock Holmes!



Music: In Music we have been learning the song 'The Dragon Song.' As well as learning the words to the song and being able to sing 2 different versions of the chorus, we have also added our own musical instruments to try and enhance the song.

English: In English lessons this term we have continued our book – The Curious Incident of the Dog in the Night Time. The pupils continue to enjoy this book and we have concentrated on really understanding the main character, Christopher. We have tried out all sorts of his interests from looking at different star constellations to trying to make different maps in our head. We have thought about how he might be feeling and have written these down at different times of the book as diary entries.

KS3(8)

English: Over the past two terms Year 8 have been studying the book Private Peaceful by Michael Morpurgo. This has proven a hit with the class. Now that we have finished reading the book lots of the students have now chosen to read the book independently at home. Feedback from students included "I really enjoyed this book!" "It's one of the best books I have ever read." I now want to read more books by Michael Morpurgo!" "I have really enjoyed our English lessons over the past two terms."

Food Tech: In our Food Tech lessons the class have enjoyed tasting challenges. The aim of these sessions is to extend student's palette. We have sampled a range of flavours and textures including a variety of cheeses, seafoods and even some foods typical of the Tudor era (such as boiled and roasted pigs trotters). Thanks to tasting challenges some students are now eating a greater range of foods both at school and at home.

World Book Day

What a wonderful day World Book Day was – we had so many famous book characters walking around school: from Winnie the Pooh, Piglet, Tigger and Eeyore, to a policeman, a farmer, a cow and dinosaur. There were witches, lots of famous wizards, Tracy Beaker, and a Minion, Rod the Rooster, Minnie Mouse and even a Willy Wonka (or 2) left his chocolate factory for a day to be with us, to mention but a few.

The day created so much positive communication between all pupils and staff. Thank you so much for all the effort and thought that was put into the day. I think the photographs speak for themselves.

Best dressed characters

KS2 runner up – McKenzie as Mr Stink

KS2 winner – Mary-Jane as Titchy Witch

KS3 runner up – Nicholas as The Scarecrow from Wizard of Oz

KS3 winner - Jack as Sherlock Holmes

KS4/5 runner up –Tait as a Minion

KS4/5 winner – Leo as Rod the Rooster



KS3(9)

Year 9's have had another busy term and continue to work hard in their lessons. Physical Activity in Lesson 6 has included "Couch to 5K" which everyone has been really keen to do. The classroom window sill is full of a variety of spring plants including sunflowers and vegetables. Outside learning has become a real positive focus with Spring in the air.

In the Year 9 English lessons we have continued our book – Skellig. We have concentrated on trying to understand the main character Michael and Skellig, and have tried to predict what might happen to both of them. We have learnt about the different influences of the author by looking at William Blake poetry, as well as researching and presenting information on Blackbirds and the Goddess of the Underworld Persephone. We have also shown our understanding of the story by answering questions and designed a garden just like the characters in the book.

In RE this term we have been learning about the Easter Story. We have done this in a very practical way by making crosses from 'Palm leaves' and acting out The Last Supper. We have also thought about how we celebrate Easter today by learning why we eat hot cross buns, why we have eggs at Easter and why flowers such as daffodils, chicks and lambs are symbols for Easter.

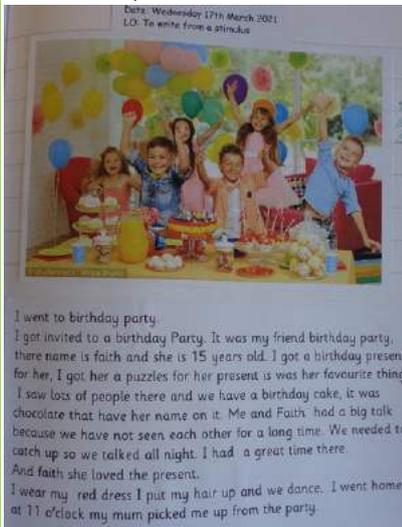


KS4

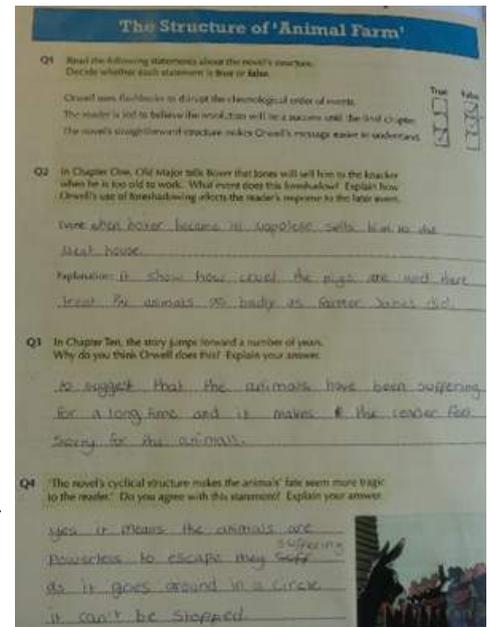
English: All the pupils in KS4 are working to the very best of their capabilities. Some pupils are looking at our English text (Animal Farm) in more depth by thinking about the themes and language the author uses, some are concentrating on their written work (using Clicker 7) to use punctuation correctly and ensure their sentences make sense and others are exploring how they can record their work more independently using word or Clicker 7.

To further their English work the pupils have an additional 'Intervention' session in Period 6.

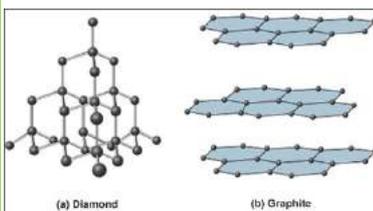
Chloe's Story



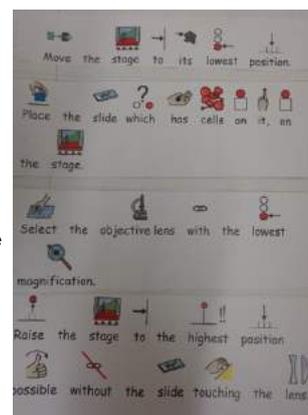
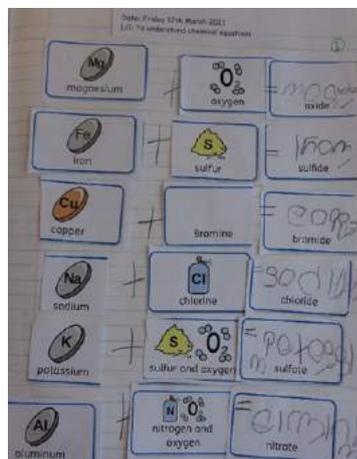
Some GCSE Literature work.



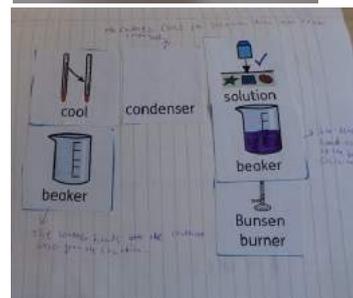
Science: In Science we have continued with our topic of Chemistry and have learnt the positive and negative points of mining and understanding what happens to the rocks that are mined to We have also learnt how compounds change when they are heated and the different structures of non-metals such as carbon. We are continuing to think about our Biology work from Term 1&2 and are learning how to use a microscope correctly so we can observe cells clearly.



Learning how compounds are made



Understanding the structures of Carbon



Understanding about distillation

IT: Our computing lessons this term have been based around the programming platform Scratch and the pupils seemed to have enjoyed selecting their own avatars and backgrounds and then making them move and make noises.

Developments in swimming and PE

It has been lovely getting to know all students at St Marys this term. Students have worked really well on their outdoor adventurous activities which has been focusing on their teamworking skills, map work and orienteering across the school. It has been lovely to see such hard work from each group and a real togetherness within the classes. Younger students have enjoyed class activities and games as well as participating in turn taking and sensory based learning with parachute games and music.

I have been particularly impressed with standard of swimming across the school, there is a fantastic attitude towards learning and wanting to develop swimming abilities. Students have been developing their stroke work this term as well as enjoying swimming games within their groups. Even within this term students have progressed enormously with their swimming skills and I look forward to next term to see how far students can push themselves to achieve even more!

BTEC Art

Pupils have completed their development of images and started to plan their final pieces for their Units.

They have been learning a range of techniques and reviewing their work and learning how to improve.

They have also listened to peers presentations about their work.



BTEC Digital Media

This term students following the BTEC Media course have grasped new skills and developed existing ones in order to create and deliver a presentation.

Students had to pack their presentation full of interactive functions to make their work as engaging as possible.

With the focus of our presentations being students favourite TV or film production our content was hugely varied, from the Jurassic Park collection to Happy Gilmore!

Students faced technical challenges like learning to embed media as well as personal and social challenges like delivering material to their peers!

Given much uncertainty in their lives, the Digital Media students have continued to apply themselves to their learning, success and achievements.

BTEC land studies

This term the BTEC Land Studies class have been on Team Meetings with Little Gate Farm.

The class have been learning about the animals on the farm.

They have been able to see pictures and videos of the horses, goats and alpacas. The class have learnt about the body parts of each of the animals, as well as learning about what keeps them healthy. The students have also been sent lots of the animal food and equipment, including ear tags, hoof trimmers and cutters.

BTEC Construction

This term we were excited to receive new PPE to keep us looking smart and staying safe!



In our BTEC construction sessions, students have been developing their joinery knowledge and techniques, with the aim of creating a short wooden stool.



The pandemic has made practical work complicated, but students have responded with maturity and sensibility given the current circumstances.

Everybody is growing more and more confident with understanding hand tools and their capabilities. showing the ability to work with some growing independence, varying from student to student.

We are attempting to make a mortise and tenon joint, which is quite technical and requires some level of accuracy and precision!



BTEC Sports

This terms topic has been : Keeping Active and Healthy.

Students have been learning about what contributes to a healthy lifestyle. They have studied how diet, smoking, drinking and physical activity affect our health and sports performance.

Students have then carried out an interview with a member of staff about their lifestyle choices. Using the information they have recorded and the knowledge they have gained, they have then created a healthy living plan to advise and inspire the member of staff they interviewed towards a more healthy lifestyle.

In physical sessions the group have been exploring different activities that can contribute to a healthy lifestyle. For example students have worked through the first stages of the "couch to 5k" exercise plan. Also as the weather has improved, the students have been enjoying using the school bikes and trikes on the tennis court.

BTEC Vocational

Level 1 pupils have been working on 'Designing a product' Unit. They have learnt how to interpret a Design Brief, develop an image, learn about Target Audience, present their work to peers and create a prototype.



Entry 3 pupils have been working on a 'Skills for Learning' Unit. They have learnt about different jobs and the skills required. They have completed a planning a task sheet, worked on a practical task, and evaluated their work. The latest job was Shop-keeping where they created some amazing 3D shop fronts.



5M

5M have been learning about data handling this term. They have been able to go outside to the car park to look at the colours of the cars and create a tally chart and block diagram from their findings. They then compared the results and answered questions using the data.

5M really enjoyed Comic Relief - they dressed up as superheroes. They were all given a superhero (or supervillain) name. The students wrote descriptive sentences about their characters.



North Lodge

We have had a busy and exciting term and have welcomed a new residential student to our North Lodge family. He is in Key Stage 2, and is our youngest student on house. All the students have been really kind and helped him to settle in.

As well as our usual activities we have been making the most of the lighter evenings and having time in our lovely garden. The students have prepared the beds and have planted strawberry plants, sunflowers, lettuce and carrots. They are looking forward to watching everything grow and hopefully we will be able to sample some of the produce.



We have been very active this term and the students have particularly enjoyed going on the bikes and using the physio gym. We are also pleased to welcome back Jamie the drumming teacher.



We are hopeful that after the holidays when restrictions will start to ease that the students will be able to start accessing external clubs and activities. We will keep you informed about this.

For our end of term treat we are having an Easter egg hunt in our garden followed by Pizza and ice cream sundaes. This will be taking place on the last evening, Wednesday before Students depart on Thursday.

We would like to wish you all a Happy Easter and a great holiday from the North Lodge team.

Stables

The evenings are getting lighter, the days are perhaps a little warmer and we have now officially entered British Summer Time. Hopefully this will allow all the students on Stables to practice more on their Independence and Community Life skills as well as taking part in after college activities which have had to be placed on hold whilst we have been in lockdown. Currently Aromatherapy is due to start back up at the beginning of term 5 and if you have not yet returned your permission slips we would be very grateful to receive them so as your child can take part.

In the meantime myself and the staff on Stables would like to wish everyone a very Happy Easter and we look forward to making as many happy memories as we possibly can in the last two terms of this Academic Year.

Safeguarding—Latest Guidance

NSPCC

Coronavirus, mental health and wellbeing

Coronavirus has changed lots of things about family life. And we know that some parents and carers might be worried about how to manage stress and changes to their daily routines. It's important to remember that everyone copes with change and stress in different ways. We've got some hints and tips you might find helpful.

Taking care of your mental health during lockdown

Being a parent can be challenging in everyday situations. Now, more than ever, taking care of your mental health is important. Staying at home more or having to work during a difficult situation can put different pressures on everyone. And if you're struggling, it's okay to reach out for support from friends, families and organisations that are here to help.

Changes to our mental health can sometimes affect children and their well-being. They may pick up on your anxiety or low mood. This doesn't mean you should hide or minimise your feelings. You can try to explain them using phrases like, "It's ok to get big feelings, everyone gets big feelings but it's still the grown up's job to look after the children" or "If grown-up's get big feelings it's not your fault - we can ask other grown-ups for help with our feelings."

When things are different to what we're used to and everyone is going through a big change, it's important to give children reassurance and support. Looking after your own mental health is vital to their well-being so don't be afraid to try new things together or feel worried about doing something for yourself to take care of your own well-being. And reach out if you need help. Our helpline counsellors are here, whatever your worry. You can call them on 0800 800 5000 or email help@nspcc.org.uk.

Where to find help

Other organisations providing support to children and families include:

Mind: information and support as well as helplines for people experiencing mental health problems and their friends and families.

Rethink Mental Illness: Advice as well as services and support for people affected by mental illness and their friends and families.

Samaritans: Round-the-clock confidential support to people going through a tough time.

SANE: Emotional support to people affected by mental health problems and their families and friends.

Download NSPCC Positive Parenting guide

We know how challenging it can be to balance all the demands parents have to cope with. That's why we've put together some tips to help. All children need boundaries and discipline, and this guide helps you develop what works for you and your child.

This is a free guide and can be downloaded from the NSPCC website: <https://learning.nspcc.org.uk/media/1195/positive-parenting.pdf>

Duke of Edinburgh

Students continue to work towards their bronze award this term. There have been some excellent discussions concerning which foods to take on expeditions and what is required to spend the night camping. Students have been able to make their food choices and have taken into consideration calories and durability of different foods. KS5 students continue to work towards their sponsored swimathon with excellent group work in designing t-shirts, writing letters to parents as well as organising the swimathon week.

Therapy Activities

Pupils have continued to develop their independence and self-care skills through a range of activities. In College pupils have attended lunch and after school groups, focusing on making choices, reading instructions, and preparing simple meals including beans on toast, pizza and salad, and macaroni cheese. Pupils have also revisited walking routes, taking responsibility for leading a small group. Year 7 pupils have enjoyed practicing different bakes, before ending in a Bake Off. Other groups have focused on skills such as hair hygiene, toileting, and fine motor skills using activities such as exercise band warm ups, peg boards and threading.

In Language sessions some of our KS2 pupils have learnt about *faster and slower* by racing cars down a giant tube. They have developed turn taking skills, and developed their ability to describe using the building of Lego models. In KS3 pupils have learnt more about relationships. This has involved learning about different types of relationships and friendships, focusing on personal priorities and benefits. Pupils have also developed their ability to understand and use language linked to emotions. In KS4 pupils have worked on developing self-awareness and self-esteem. They have also considered how to manage different feelings. In KS5 pupils have continued to develop their conversation skills with the support of role play and resources such as conversation fans. Pupils have also learnt about how to manage disagreements, considering the impact of arguments, discussion and negotiation.

As the weather has improved pupils have been involved in servicing and using our bikes and trikes. Pupils have also enjoyed using the equipment in our Physio gym, and have worked on increasing their stamina, endurance and independence around exercise in Physiotherapy sessions. Pupils have continued to develop their Signing skills through a range of activities including signing stories, playing bingo to learn food signs, completing Signing Stages focusing on commonly used words, and choosing and learning songs.

THE EMOTIONAL CUP

Some ways that children deal with having an empty cup:

- Steal from other people's cups
- Misbehave to get your attention and show that they need a refill
- Seem to have bottomless cups, or need constant 'topping off'
- Can't sit still for refills or actively refuse them
- Bounce off the walls when they approach 'empty'
- Think they have to fight or compete for every refill

What fills a child's cup:

- Play
- Friendship
- One-on-one time
- Love and affection
- Connection
- Succeeding
- Doing what they love



What empties a child's cup:

- Stress and strain
- Rejection by peers
- Loneliness and isolation
- Yelling and punishment
- Failing
- Fatigue
- Doing what they hate



School Council and Pupil Voice

Our School council have lead our comic relief celebrations this year, choosing to raise money and to celebrate the 'Power of Funny' through a muffin day and joke competition. Our Representatives have also led discussions on outdoor learning. They had lots of ideas on how we can make use of our outdoor space and on activities they would enjoy. We have already dug over some of our raised beds and done some planting. We are looking forward to watching as our flowers and salad produce grow.

Pupils have also completed questionnaires giving us their views on school and college. We look forward to sharing some of their ideas with you on topics such as what they enjoy about school and what they think good behaviour is. We were impressed by the range of ideas they shared and how confident they were in giving their views.

Dates for Next Term

18 th April	Residential Pupils return to their living areas
19 th April	Start of Term 5
3 rd May	Bank Holiday
27 th May	End of Term 5
8 th June	Start of term 6



Weekly Lunch Menus

We will be starting next term on week 1

SUMMER TERM - WEEK 1

	BREAKFAST	LUNCH	SUPPER
MON	Porridge Wholemeal Cereals White or Wholemeal Toast A Selection of Fresh Fruit Tea, Coffee	Vegetarian Pasta Bolognese Cheese, Egg, Baked Beans Jacket Potato or Wholemeal Roll A Selection of Fresh Fruit and Yoghurts	Fish Fingers or Vegetable Fingers Peas, Sweetcorn, Oven Chips Mixed Salad A Selection of Fresh Fruit and Yoghurts
TUES	Porridge Wholemeal Cereals White or Wholemeal Toast A Selection of Fresh Fruit Tea, Coffee	Chicken Wrapped in Bacon or Stuffed Peppers New Potatoes, Carrots & Peas Ham, Cheese, Tuna Jacket Potato or Wholemeal Roll A Selection of Fresh Fruit and Yoghurts	Cheese & Tomato Pasta Garlic Bread, Coleslaw Mixed Salad Cake Selection A Selection of Fresh Fruit and Yoghurts
WED	Porridge Wholemeal Cereals White or Wholemeal Toast A Selection of Fresh Fruit Tea, Coffee	Roast Turkey or Butternut Squash & Gruyere & Sage Herbie Diced Potatoes, Cabbage, Parsnips Corned Beef, Pilchards, Egg Jacket Potato or Wholemeal Roll Chocolate Brownie & Cream A Selection of Fresh Fruit and Yoghurts	Sausage in a Roll or Vegetarian Sausage in a Roll Baked Beans Mixed Salad A Selection of Fresh Fruit and Yoghurts
THURS	Porridge Wholemeal Cereals Pain au Chocolate White or Wholemeal Toast A Selection of Fresh Fruit Tea, Coffee, Orange or Apple Juice	Shepherds Pie or Vegetarian Pie Broccoli, Carrots Homemade Quiche, Tuna, Turkey Jacket Potato or Wholemeal Roll A Selection of fresh Fruit and Yoghurts	Cheese or Ham Omelette Mixed Salad A Selection of Fresh Fruit and Yoghurts
FRIDAY	Porridge Wholemeal Cereals White or Wholemeal Toast A Selection of Fresh Fruit Tea, Coffee	Breaded Haddock or Vegetable Burger Jacket Wedges, Baked Beans, Peas Ham, Egg, Dairy Lea Triangles Jacket Potato or Wholemeal Roll A Selection of Fresh Fruit and Yoghurts	

SUMMER TERM - WEEK 2

	BREAKFAST	LUNCH	SUPPER
MON	Porridge Wholemeal Cereals White or Wholemeal Toast A Selection of Fresh Fruit Tea, Coffee	Vegetable Curry Basmati Rice Baked Beans, Cheese, egg Jacket Potato or Wholemeal Roll A Selection of Fresh Fruit & Yoghurts	Pasta Roma Garlic Bread Mixed Salad Fresh Fruit or Yoghurt
TUES	Porridge Wholemeal Cereals White or Wholemeal Toast A Selection of Fresh Fruit Tea, Coffee	Meatballs in Tomato Sauce or Vegetarian Meatballs in Tomato Sauce Pasta Ham, Tuna, Dairylea Triangles Jacket Potato or Wholemeal Roll A Selection of Fresh Fruit & Yoghurts	Jacket Potato Tuna, Cheese, Baked Beans Mixed Salad Cake Selection Fresh Fruit or Yoghurt
WEDS	Porridge Wholemeal Cereals White or Wholemeal Toast A Selection of Fresh Fruit Tea, Coffee	Roast Chicken or Cheese & Celery Loaf Roast Potatoes, Green Beans, Cauliflower Chicken, Pilchards, Cheese Jacket Potato or Wholemeal Roll Ice Cream & Jelly A Selection of Fresh Fruit & Yoghurts	Sandwich Selection New Potatoes Mixed Salad Fresh Fruit or Yoghurt
THURS	Porridge Wholemeal Cereals Crumpets White or Wholemeal Toast A Selection of Fresh Fruit Tea, Coffee, Orange or Apple Juice	Braised Steak or Spinach & Potato Pancakes New Potatoes, Swede, Broccoli Prawns, Homemade Quiche, Corned Beef Jacket Potato or Wholemeal Roll A Selection of Fresh Fruit & Yoghurts	Cheese & Tomato Pizza Mixed Salad Fresh Fruit or Yoghurt
FRIDAY	Porridge Wholemeal Cereals White or Wholemeal Toast A Selection of Fresh Fruit Tea, Coffee	Fish Fingers or Vegetarian Fingers Oven Chips, Carrots, Peas Cheese, Tuna, Egg Jacket Potato or Wholemeal Roll A Selection of Fresh Fruit & Yoghurts	

SUMMER TERM - WEEK 3

	BREAKFAST	LUNCH	SUPPER
MON	Porridge Wholemeal Cereals White or Wholemeal Toast A Selection of Fresh Fruit Tea, Coffee	Macaroni Cheese or Pasta Roma Garlic Bread, Mixed Salad Cheese, Egg, Baked Beans Jacket Potato or Wholemeal Roll A Selection of Fresh Fruit & Yoghurts	Burger in a Bun or Vegetarian Burger in a Bun Oven Chips Mixed Salad Fresh Fruit & Yoghurts
TUES	Porridge Wholemeal Cereals White or Wholemeal Toast A Selection of Fresh Fruit Tea, Coffee	Breaded Chicken or Stuffed Mushroom New Potatoes, Carrot Batons, Broccoli Chicken Tikka, Pilchards, Cheese A Selection of Fresh Fruit & Yoghurts	BBQ Chicken Pita Pockets or Cheese Pita Pockets Mixed Salad Cake Selection Fresh Fruit & Yoghurts
WED	Porridge Wholemeal Cereals White or Wholemeal Toast A Selection of Fresh fruit Tea, Coffee	Pork Chop or Lentil Loaf Roast Potatoes, Honey Roast Parsnips, Cabbage Beef, Salmon, Egg Banoffee Pie A Selection of Fresh Fruit & Yoghurts	Salad Selection Mixed Salad Fresh Fruit & Yoghurts
THURS	Porridge Wholemeal Cereals Croissants White or Wholemeal Toast A Selection of Fresh Fruit Tea, Coffee, Orange or Apple Juice	Butchers Sausages or Vegetarian Sausages Mash Potatoes, Cauliflower, Green Beans Tuna, Homemade Quiche, Chicken A Selection of Fresh Fruit & Yoghurts	Chicken Fajitas or Vegetarian Fajitas Tortilla Wrap, Mixed Salad Fresh Fruit & Yoghurts
FRIDAY	Porridge Wholemeal Cereals White or Wholemeal Toast A Selection of Fresh Fruit Tea, Coffee	Breaded Cod or Spicy Vegetable Burger Oven Chips, Peas, Spaghetti Egg, Cheese, Ham A Selection of Fresh Fruit & Yoghurts	

